

# Pocket Pal

Services for the Homeless • Virginia Beach, VA

## Information

<b>Police Dispatch</b>	385-5000
<b>Department of Social Services</b>	
3432 Virginia Beach Blvd	437-3200
Child Protection Services	800-552-7096
Adult Protection Services	888-832-3858
<b>Advocacy for Homeless School Age Children</b>	263-2300
<b>Department of Housing and Neighborhood Preservation</b> (includes Section 8)	385-5750
<b>Department of Rehabilitative Services</b>	683-8440
<b>Legal Aid</b>	552-0026
<b>Social Security Administration</b>	
2875 Sabre St (Lynnhaven)	498-8726
Toll-free	800-772-1213
<b>Immigration Office</b>	800-375-5283
<b>United Way Hotline</b>	853-8500

## Emergency Shelter

<b>Volunteers of America/The Lighthouse Center</b>	
825 18 <sup>th</sup> Street, Virginia Beach, VA 23451	
Office line	437-4911
Lobby line	437-4872
Drop-in Center/Day Support Services	
Monday through Friday	8:00am – 6:00pm
Winter Shelter	
Emergency shelter for adult men and women (Winter months only)	
<b>Judeo-Christian Outreach Center</b>	
1053 Virginia Beach Blvd	491-2846
Emergency and transitional housing for men, women, and families	
<b>FORKIDS Inc – Haven House</b>	
131 D View Ave, Norfolk	587-4202
Emergency Housing for Families with Children	
<b>Union Mission</b> (Norfolk)	
Men's Shelter	627-8686
Woman's Shelter	623-0642
<b>Salvation Army</b>	
203 W 19 <sup>th</sup> St. Norfolk	622-3471
Emergency and transitional housing for men	
<b>VBCDC</b> (Virginia Beach)	463-9516
Emergency and transitional housing	
<b>Samaritan House</b>	631-0710
Emergency and transitional housing for women and families	

## Meals

<b>Potter's House</b> (Lunch)	
Pacific and 18 <sup>th</sup> St, (behind the Domino's Pizza)	
Tuesday and Thursday	9:30am – 12:00am
<b>Star of the Sea</b> (Lunch)	
Corner of 15 <sup>th</sup> St and Pacific Avenue	
Monday, Wednesday, Friday	9:30am – 11:30am
<b>Judeo-Christian Outreach Center</b> (Hot Meals)	
1053 Virginia Beach Blvd	
Monday through Friday	6:00pm
Saturday, Sunday, and Holidays	3:00pm
Sunday Morning Breakfast/Service	8:00am

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## Health Services

<b>Beach Health Clinic</b> (call for appointment) 3396 Holland Rd	428-5601
<b>Virginia Beach Health Department</b> 4452 Corporation Lane	518-2700
<b>TACT</b> (HIV/AIDS Services) 9229 Granby St, Norfolk	583-1317

## Temporary Employment (Daily Pay – ID required)

<b>Allied Forces Temp</b> 6056 Virginia Beach Blvd	466-7889
<b>Labor Ready</b> 1018 Clarence St, Norfolk	461-7733

## Employment Services

<b>Virginia Employment Commission</b> 5145 Virginia Beach Blvd, Norfolk VA	455-3900 455-3960
<b>OPP, Inc.</b> Glen Rock 861 Road, Suite 223 (Norfolk)	461-7537 461-7537
<b>Step up, Inc.</b> (Life skills and employment assistance for ex-offenders) 7510 Granby St, Norfolk	588-3151

## Mental Health Services

<b>National Counseling Group</b> Department of Mental Health, Mental Retardation, and Substance Abuse	467-8184
Emergency Services (For Emergencies)	385-0888
Pembroke 3 (Information and Intake)	385-0511
Magic Hollow (Case Management)	385-8222
PATH Outreach	636-3160
HIV Testing	385-0811
Project Link	385-0810
<b>Suicide Crisis Center</b>	622-1126
<b>Suicide Crisis Hotline</b>	627-5433
<b>Virginia Beach Psychiatric Hospital</b>	496-6000
<b>Nat'l Suicide Hotline</b>	1-800-273- TALK

## Substance Abuse Help

<b>Department of Mental Health, Mental Retardation and Substance Abuse</b>	
Recovery Center/Detox	385-6950
Pembroke 6	385-0600
<b>Salvation Army Alcohol Rehabilitation Center</b>	499-0032

## Veteran Services

<b>Veterans Affairs Medical Center</b>	722-9961
<b>Vets House</b> (Transitional House for Veterans) 425 Oaksmead Crescent	724-8614
<b>Veterans' Outreach</b>	623-7584

## Domestic Violence

<b>Samaritan House/Safe Harbor</b>	631-0710
<b>Crisis Line</b>	430-2120
<b>YWCA – Women in Crisis</b> (Norfolk)	625-5570
<b>HER Shelter</b> (Portsmouth)	485-1445

## Runaway / Youth Services

<b>Seton Youth Shelter</b> (Emergency shelter for Youth & Safe Place)	498-4357
<b>National Runaway Switchboard</b>	800-621-4000
<b>Stand Up For Kids</b>	567-9888

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